

**ITEM NO:** 25880

**CONTENT:** 30 SERVINGS



## DIGESTIVE SUPPORT

*Helps the body maintain healthy cholesterol levels, sustain normal blood glucose, and burn fat for powerful weight loss.\**

## SUMMARY

Everyday there are new foods and diets being introduced into the markets, as our diets have changed so has our digestive health. Maintaining your body's natural balance of friendly bacteria is one of the primary keys to long-term good health and wellbeing.

Your digestive tract is a powerhouse for an entire microbiome of good and bad bacteria—between 10-100 trillion bacteria to be exact. It has been estimated that the bacteria in your digestive tract outnumbers your body's cells 10-1. These bacteria have been thought to be essential to your body for overall digestive health as well as immune and cognitive health.<sup>1</sup> When these bacteria are out of balance, that creates poor gut health, which has even been linked to weight management issues.<sup>2</sup>

It is also important to know that keeping your friendly bacteria in check is essential to your overall health and wellness. However, with today's modern diet, as well as the variety of chemicals that we're constantly exposed to, a healthy gut can be easier said than done—until now. Unicity's ProBionic comes as a ready to consume powder, containing a natural formula used for maintaining proper digestive health. Its goal is to help restore and promote friendly bacteria helping to keep your digestion—and all of its components—functioning properly.

Not all probiotics on the market are created equal. Since the strains in probiotic products are alive, the harsh acids in your stomach can actually kill them off before they've had a chance to reach the rest of the digestive tract. Unicity's ProBionic contains probiotic strains that are microencapsulated in a lipid layer for maximum protection, making them safe and able to work throughout the entire digestive tract. ProBionic is also packaged in a lightproof and waterproof packet, ensuring that the live cultures will remain undamaged for consumption.

There are four specific strains of probiotics found in ProBionic, which serve different purposes when taken. Lactobacillus acidophilus, the most common known probiotic, has been shown to help your body promote intestinal comfort and restore good bacteria after taking antibiotics.<sup>3</sup>

Lactobacillus rhamnosus has been shown to help your body promote intestinal transit and ease the digestion of dairy in people who have an intolerance to lactose. It is also one of the only probiotics that can withstand the acids found inside your stomach.<sup>4</sup> Bifidobacterium brevis may help improve your immune function and replenish a healthy intestinal flora after certain illnesses.<sup>5,6</sup> Lastly, bifidobacterium lactis has been known to help boost your immune system and promote digestion.<sup>7</sup> Together, these strains provide the elements necessary to promote healthy digestion.

Unicity's ProBionic is a slightly sweet powder that can be taken plain or mixed with your favorite juice. For added benefits, take ProBionic with Unicity Balance and or Unicity LiFiber, which both contain prebiotics; a form of fiber that isn't digested by the body and help in the growth and health of probiotics. Order today and make ProBionic part of your daily digestive health regimen.

PROBIONIC	
NUTRITIONAL INFORMATION PER SERVING	%DAILY VALUE*
CALORIES	4
TOTAL CARBOHYDRATE	1g 0%
FRUCTOOLIGOSACCHARIDES	**
UNICITY PROBIOTIC BLEND 5 BILLION CELLS 100MG	
LACTOBACILLUS ACIDOPHILUS LAO2	**
LACTOBACILLUS RHAMNOSUS	**
BIFIDOBACTERIUM BREVE BR O3	**
BIFIDOBACTERIUM LACTIS BS O1	**

\*PERCENT DAILY VALUES ARE BASED ON A 2000 CALORIE DIET. YOUR DAILY VALUES MAY BE HIGHER OR LOWER DEPENDING ON YOUR CALORIE NEEDS.

\*\*PERCENT DAILY VALUES IS NOT ESTABLISHED.

## REFERENCES

1. Perlmutter, D. (2015). *Brain Maker*. In D. Perlmutter, *Brainmaker* (p. 320). Hodder & Stoughton
2. C, K. (2015, August). *Comparison of the gut microbiota composition between obese and non-obese individuals in a Japanese population, as analyzed by terminal restriction fragment length polymorphism and next-generation sequencing*. Retrieved 12 2015, August, from Pubmed.org: <http://www.ncbi.nlm.nih.gov/pubmed/26261039>
3. *Lactobacillus acidophilus*. (2013). Retrieved August 14, 2015, from University of Maryland Medical Center: [https://umm.edu/health/medical/altmed/supplement/lac\\_tobacillus-acidophilus](https://umm.edu/health/medical/altmed/supplement/lac_tobacillus-acidophilus)
4. *Lactobacillus Rhamnosus*. (2009). Retrieved August 15, 2015, from Probiotic.org: <http://www.probiotic.org/lactobacillus-rhamnosus.htm>
5. O'Mahony L, McCarthy J, Kelly P, et al. *Lactobacillus and bifidobacterium in irritable bowel syndrome: symptom responses and relationship to cytokine profiles*. *Gastroenterology* 2005;128:541-51
6. Kim HJ, Camilleri M, McKinzie S, et al. *A randomized controlled trial of a probiotic, VSL#3, on gut transit and symptoms in diarrhoea-predominant irritable bowel syndrome*. *Aliment Pharmacol Ther* 2003;17:895-904
7. Ishikawa H, Akedo I, Umesaki Y, et al. *Randomized controlled trial of the effect of bifidobacteria-fermented milk on ulcerative colitis*. *J Am Coll Nutr* 2003;22:56-63

## RECOMMENDED USE

Serving size – one packet daily.

ProBionic is packed in lightproof, water-resistant packets that ensure the probiotic will be effective up to the moment you use it. It's also convenient to take. You can take it dry or, if you'd like, you can stir the contents of one mildly sweet packet into the beverage of your choice.

## INGREDIENTS

Xylitol, natürliches Beerendaroma, Zitronensäure, Silica